



## Strategy Tool: Using Planned Ignoring

*Example*

**Write down times of the day (e.g., classes, activities) when you would like to practice implementation of the strategy. An easy way to do this is thinking about which students you have during the day who might exhibit attention-seeking behaviors.**

During reading and writing instruction with my Group A class. Sally and Christa are particularly disruptive during group instruction.

**Write down some examples of attention-seeking behaviors that occur in your classroom regularly (e.g., yelling to get the teacher's attention, telling jokes to the class during instruction, blurting out during group instruction).**

1. Blurting out answers to questions.

2. Walking up to me and interrupting while I am talking to another student.

3. Making farting noises during silent reading.

**Based on your previous responses, identify the corresponding appropriate behaviors you would like to see (these can be specific to one student, in general).**

1. Raising their hand to provide an answer.

2. Sitting and raising their hand until I am able to call on them or sitting next to me quietly until I am finished working with another student.

3. Reading quietly or raising their hand if they need help with an assignment.



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*Example*

**Choose one or two problem behaviors to focus on. For each behavior, document (1) when a student exhibits the target behavior (this can be done by indicating a time); (2) when you used planned ignoring (PI); and (3) if you provided positive attention (PA) for the appropriate behaviors. You can use a simple Y or N to indicate whether each occurred.**

### Attention-Seeking Behavior Description

Yelling out an answer during group instruction instead of raising hand to get my attention. I will specifically focus on implementing this strategy with Sally and Christa.

Date: 11/16			Date: 11/17			Date: 11/18			Date: 11/19			Date: 11/20		
Time	PI?	PA?	Time	PI?	PA?	Time	PI?	PA?	Time	PI?	PA?	Time	PI?	PA?
9:45 a.m.	Y	Y	Student Absent			9:58 a.m.	Y	Y	9:32 a.m.	Y	N	10:06 a.m.	Y	Y
9:57 a.m.	Y	Y				10:00 a.m.	Y	Y	10:01 a.m.	Y	Y	10:18 a.m.	Y	Y
10:34 a.m.	Y	Y				10:15 a.m.	Y	Y						