



Strategy Tool: Using Planned Ignoring

Write down times of the day (e.g., classes, activities) when you would like to practice implementation of the strategy. An easy way to do this is thinking about which students you have during the day who might exhibit attention-seeking behaviors.

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Write down some examples of attention-seeking behaviors that occur in your classroom regularly (e.g., yelling to get the teacher's attention, telling jokes to the class during instruction, blurting out during group instruction).

Based on your previous responses, identify the corresponding appropriate behaviors you would like to see (these can be specific to one student, in general).



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Choose one or two problem behaviors to focus on. For each behavior, document (1) when a student exhibits the target behavior (this can be done by indicating a time); (2) when you used planned ignoring (PI); and (3) if you provided positive attention (PA) for the appropriate behaviors. You can use a simple Y or N to indicate whether each occurred.

Attention-Seeking Behavior Description															
Date: <input type="text"/>			Date: <input type="text"/>			Date: <input type="text"/>			Date: <input type="text"/>			Date: <input type="text"/>			
Time	PI?	PA?	Time	PI?	PA?	Time	PI?	PA?	Time	PI?	PA?	Time	PI?	PA?	