



Reflection: Using Social and Emotional Coaching

Take a moment to make sure your plan is going to work.

Ask yourself the following questions:

Is the behavior/emotion easily identifiable across students?

Yes No

Do I often see this behavior/emotion in my classroom?

Yes No

Have I modeled for my students at times when my emotions are heightened?

Yes No

Have I practiced multiple ways of describing the behavior/emotion so I can provide authentic feedback?

Yes No

Am I able to be enthusiastic with my feedback?

Yes No

If you answered "No" to any of the above questions, identify at least one action that you can take to make progress in that area. How might you be able to better support your students in their individual and group development of social skills?

- What might get in the way of using this strategy in my classroom?
- What are some ideas for overcoming these challenges?

Complete the following sentences in your own words:

It is important for me to make this happen in my classroom because...

I am confident that I can effectively use social and emotional coaching with my students because...